



**Dr. Shelissa
Thomas**

STAGE

INTRO

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Ladies and gentlemen, please join me in welcoming an inspirational leader and visionary in addiction recovery and mental health, life coach, and well-established author, Dr. Shelissa Thomas!

With over 24 years of experience, Dr. Shelissa Thomas is the CEO and Co-Founder of Restore LLC and Mindful Reflections, where she empowers individuals to heal, find purpose, and create lasting change. Her groundbreaking work, including founding Alaska's first African-American woman-owned crisis stabilization center, has transformed countless lives.

Known for her compassionate approach and powerful message of resilience, Dr. Thomas is here to inspire us all.

Please give a warm welcome to Dr. Shelissa Thomas!